



LASER HAIR REDUCTION INFORMATION & AFTERCARE

Introduction

Skin Essentials uses the very best in laser technology. The diode laser (known as Light Sheer) developed by Lumenis (the largest laser company in the world) gives superior results for all skin types. This laser is approved by the Federal Drug Administration (FDA) for permanent hair reduction. The aims and objectives of our establishment are to provide the highest standard of treatments under qualified medical supervision and high standards of customer care at very competitive prices.

How does laser treatment work?

Hair reducing lasers work by interacting with the pigment in the hair to produce heat. A very intense beam of light is passed through the skin at the hair root. The dark hair becomes very hot and destroys the cells that produce the hair. If the light is intense enough, the hair follicle is damaged to an extent where it can no longer produce hair at all.

Is the treatment safe?

The treatment is approved by the FDA, who have deemed it safe. Our clinic is supervised by a doctor with extensive knowledge and experience in the use of lasers.

Does the treatment hurt?

Everyone's pain threshold is different. As treatment settings vary according to individual skin and hair types, so do the levels of discomfort.

We are the only clinic to provide the option of a topical anaesthetic. This will be discussed at your initial consultation.

Who carries out the treatment?

All of our treatments are carried out by fully trained medical personnel who have passed an in house exam on Laser Hair Reduction.

What do the consultation and test patch involve?

The consultation involves watching a short audio presentation about the treatment and then a laser operator will examine your skin and hair type for suitability. A test patch is carried out to determine the best treatment settings and to avoid overdosing the skin. If any adverse effects are experienced on the test patch area, we may need to re-assess your treatment programme.

How many treatments will I need?

During your consultation we will assess the skin and hair and plan a tailor-made programme that will offer you the best results to suit your needs. On average we recommend a course of 6 sessions. However, some clients do not need to return after 3 treatments.



PERMANENT HAIR REDUCTION & ADVANCED BEAUTY CLINICS

How long does each treatment take?

This depends on the size of the area you are having treated and you will be advised during your consultation. For example, a bikini and underarm together takes about 45 minutes.

Does the laser treat blond and grey hair?

Very blonde and grey hair are not suitable for laser treatment, on one hand because of insufficient heat being generated in the hair and on the other because too much heat is being generated in the skin.

Is there anything I should avoid before and during my treatment course?

Do your best to minimise a suntan to the area being treated: a suntan can put your skin at risk and will make the laser treatment less effective as we will not be able to treat you until your tan has faded. This includes sun beds and self-tanning creams. Do not apply aggravating creams to the skin before or during the course of treatment. This includes Glycolic Acid (AHA creams) and Retin-A cream. Also be sure to tell us if you have been taking any tablets for acne such as Roaccutane/Isotroin for any period in the year before treatment.

48 hours after treatment

- Avoid perfume, body lotions, after-shave, make-up and deodorant. You may use a deodorant, which is free from alcohol, perfume and aluminium. Avoid heat treatments such as hot baths or showers, saunas, steam rooms and jacuzzis
- Use an aftercare product such as aloe vera gel which can be purchased at the clinic
- Avoid restrictive clothing or excess friction on the area
- Avoid cardiovascular exercise and swimming as the chemicals in the water may cause irritation
- Avoid facial and body treatments until the skin has returned to normal
- Do not apply ice-packs as this can shock and traumatise the skin
- Notify the clinic of any change in medical conditions, medication or pregnancy
- Do not hesitate to call us if you have any adverse reactions

Thank you for giving us the opportunity to solve your unwanted hair problems. Our popularity depends upon very low pricing without sacrificing the quality of treatment. If you have any queries or comments please do not hesitate to contact the clinic. If you are pleased with our service and your results please ask about our voucher referral scheme for friends.

For further information on the procedure, contra-indications for the procedure and after care kindly contact the inclinic doctor.

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